

# Hearthstone

The Whole Family Learning Center

## "The Children's Garden"

Nursery/Kindergarten  
Daily Activities

8:45 ~ Transition from home into Nursery/Kindergarten ~ Nurturing Others

Take off our outside things and wash hands.

9:00 ~ Free Play Inside ~ Social and Emotional Development as Evidenced in Play

10:00 ~ Snack Time

Children prepare and eat a nutritional snack.

10:30 ~ Morning Circle. Time to greet the day together using seasonal verses accompanied by rhythmic movement.

The elements listed below are what we work during Morning Circle.

- ♥ Large Motor Skills
- ♥ Rhythm and Timing
- ♥ Direction/Movement and Goal Flow
- ♥ Spatial Orientation (forms in space)
- ♥ Sequencing
- ♥ Fine Motor Skills
- ♥ Crossing the Midline
- ♥ Memory Recall (day-to-day, week-to-week)

11:00 ~ Outside Play/Gardening

Outside play would include sand play, swinging, sliding, cooperative games and organic gardening.

*11:30 ~ Main Project of the Day and Free Play Inside/Outside.*

This is the main project of the day:

Monday – Handwork: finger knitting, wet felting, or sewing

Tuesday – Watercolor “wet-on-wet” (colors used: lemon yellow, aqua blue, and crimson red)

Wednesday – Love Bread Baking Day

Thursday – Stone Soup Day

Friday – Music Day

*12:15 ~ Lunch Time*

Children bring a nutritious lunch from home and we developing good table manners.

*1:00 ~ Outside Play/Gardening*

Same as 11:00 a.m.

*2:00 ~ Story Time*

A fairytale or nature story is told by the teacher while the children rest quietly on their mats.

*2:15 ~ Nap/Quiet Time for Younger Children*

Children continue to rest on their mats.

*3:00 ~ Afternoon Snack*

Children, once again, prepare an afternoon snack. ~ on Tuesdays we enjoy the “Love Bread” that we backed earlier that day and on Thursdays we enjoy the “Stone Soup” that we made that day.

*3:15 ~ Good Bye Time*

The children put on their outside things, greet their parents and go home except on Tuesdays, when we open the “Love Bread Bakery!” Some children will be the host or hostess, some will take the orders, some will wrap the bread and the cashier will receive seashells in exchange for their “Love Bread”.

*If you would like to meet with our kindergarten teacher, an appointment can be set up for you or feel free to call with any questions: 540-987-9212.*