

## Instructor's Biography

Aron Weisgerber is a Rappahannock County native, born just outside the town of Sperryville, VA. He is a graduate of Hearthstone School and a life-long student of Waldorf education. Aron was the assistant kindergarten teacher and he taught adjunct classes for Hearthstone School for the year of 2003. After finishing the year, he attended Prescott College of Prescott, Arizona. Aron studied Outdoor Education, Wilderness First Aid, Search and Rescue, Map and Compass Navigation, Environmental Science, Sculpture, Photography, Business Management, Ecological Design, Rope Course Facilitation, Experiential Education, Ecological Restoration, etc. While attending Prescott College in Arizona, Aron worked for two years as a woodworking teacher at Mountain Oak Elementary, a Charter Waldorf school. He also taught a highly academic month-long backpacking trip for Prescott College in the Grand Canyon. Aron graduated from Prescott College with a major in Adventure Education with in emphasis in wilderness leadership and program management, and a double minor, one in Environmental Studies and the second in the Arts. Since 1999, Aron has operated a summer camp for children and young adults in Sperryville Virginia. The summer camp offers outdoor experiences ranging from plant identification, ropes course activities, backpacking, swimming, games, crafts and survival skills. Presently Aron is teaching sixth grade English, Science, Geography, History and Math at Hearthstone School. Aron also teaches Woodworking, Gardening and Games. Aron is First Aid, CPR and Wilderness First Responder trained, and he volunteers for the Sperryville Rescue Squad. In Aron's free time, he likes to be with his daughter, hike, garden, rock-climb and enjoy the outdoors.



For further information about the camp contact:  
Aron Weisgerber at (540) 987-9191  
aronweisgerber@gmail.com

## CAMP SUPPLY LIST

### AGES 15 & Up ~ YOU WILL NEED TO BRING:

Comfortable hiking boots  
Notebook and pencil  
Backpack – size no smaller than 4300 cubic inches  
2 x 32oz water bottles  
Hat  
Light – preferably a headlamp  
Sunscreen  
Bathing suit  
Rain jacket and pants  
1 pair of shorts  
1 pair long pants  
2 shirts  
Fast drying clothes – nylon or wicking (preferably no cotton)  
2 pairs of socks  
1 lightweight pair of long underwear  
Bowl, fork, spoon, knife  
Pocketknife  
Sandals (closed heel) or comfortable lightweight shoes for wearing around camp  
Whistle with neck string for safety  
Sleeping bag  
Sleeping pad  
Ground sheet or 3 mil. Plastic (cut larger than sleeping pad)  
10 trash compactor bags  
3 breakfasts and 4 lunches  
The first day we will plan group dinners. Each camper will be responsible for bringing items for those dinners (the dinners will attempt to meet everyone's dietary needs).

# MOUNTAIN ADVENTURES

## SUMMER CAMP 2010



**What would you like to be doing this summer?**

Explore  
Create  
Discover  
Face Challenges  
Imagine  
Overcome  
Learn  
Build Friendships  
Be At Home In The Wild

**Sign up now for an adventure  
you will never forget!**

## DAY CAMPS

### June 28 - July 2 – ages 4 to 7

This camp will include multiple outdoor activities such as: swimming, hiking, wildlife and plant identification, games, crafts and, most of all, building children's comfort levels with the outdoors.

**Camp will be held from 9 a.m. to 3 p.m.**

**The fee is \$175 per child.**

**(\$50 non-refundable deposit due with registration.)**

### July 19 - July 23 – ages 8 to 12

This camp will include multiple outdoor activities such as: swimming, hiking, wildlife and plant identification, games, crafts, group problem solving, survival skills, climbing wall and low ropes-course elements, and, most of all, building children's comfort levels with the outdoors.

**Camp will be held from 9 a.m. to 3 p.m.**

**The fee is \$175 per child.**

**(\$50 non-refundable deposit due with registration.)**

### August 2 - August 6 – ages 12 to 15

In addition to all of the activities listed above this course also introduces basic backcountry living skill, backpacking skills and the concept of expeditionary mentality.

**Camp will be held from 9 a.m. to 3 p.m., Monday to Wednesday. Thursday-Friday will be a backpacking overnight campout.**

**The fee is \$200 per child.**

**(\$50 non-refundable deposit due with registration.)**

## BACKPACKING TRIP – ages 15 and up

### July 26 - July 30

This five-day course will include and cover: group problem solving, initiatives, low ropes-course activities, trip planning, backcountry living skills, backpacking technique and group dynamics. We will spend the first day planning food, checking gear and building group trust through various activities. The next four days and three nights will be spent backpacking in and around Shenandoah National Park, exploring our local and natural environment.

**The fee is \$250 per child.**

**(\$50 non-refundable deposit due with registration.)**

**We will meet Monday from 9 a.m. - 3 p.m. We will meet Tuesday at 9 a.m. to start our backpacking trip and we will return Friday at around 12 p.m.**

## CAMP SUPPLY LIST

### AGES 4-7 & 8-12 ~YOU WILL NEED TO

#### BRING:

Bathing suit

Towel

Lunch each day

Comfortable walking or hiking shoes – No sandals

Change of clothes that you can leave at camp

Rain gear

Water bottle

Hat

Sunscreen

### AGES 12-15 ~ YOU WILL NEED TO BRING:

#### Day Camp:

Bathing suit

Towel

Lunch each day

Comfortable walking or hiking shoes – No sandals

Water bottle

Sunscreen

Hat

#### Overnight additional items:

Backpack

2 x 32oz water bottles

Light – preferably a headlamp

Rain jacket – rain pants are optional

1 pair of shorts

1 pair long pants

Bowl, fork, spoon, knife

Whistle with string for safety reasons

Sleeping bag

Sleeping pad

Ground sheet or 3 mil. plastic (cut larger than sleeping pad)

1 breakfast, 2 lunches

During the week, we will plan a group dinner. Each camper will be responsible for bringing one or two items for that dinner (the dinners will attempt to meet everyone's dietary needs).

## Camp Registration

Camper's name \_\_\_\_\_

Age \_\_\_\_\_

Address \_\_\_\_\_

Mother/Guardian

name \_\_\_\_\_

Phones

(home) \_\_\_\_\_ (work) \_\_\_\_\_

(cell) \_\_\_\_\_

Father/Guardian

name \_\_\_\_\_

Phones

(home) \_\_\_\_\_ (work) \_\_\_\_\_

(cell) \_\_\_\_\_

Emergency Contacts

(name) \_\_\_\_\_ (phone) \_\_\_\_\_

(name) \_\_\_\_\_ (phone) \_\_\_\_\_

Allergies

Medical history:

Are you under any doctor's care? \_\_\_\_\_

Medications \_\_\_\_\_

Other \_\_\_\_\_

Mail to: Aron Weisgerber  
140 White Rose Mountain Lane.  
Sperryville, VA 22740  
(or drop off at Hearthstone School)

Please include your deposit with registration